



Today, more than 2.6 million hungry children will eat Mary's Meals at school. Please join with us to pray for them during the month of May.

Before praying together, you might want to:

- Explore our website to find out about the [different countries where we work](#).
- Contact Mary's Meals to [book a volunteer speaker](#) to visit your school.

Suggested prayers



Peace

Lord Jesus, you are the Prince of Peace. Bring peace to troubled places in our world and comfort those who suffer. We pray especially for the children of Haiti, Lebanon and Yemen.



Families

Loving Father, trusting that you know the joys and troubles of family life, we ask you to bless the families of the children who eat Mary's Meals. We pray especially for all those families facing particular difficulties at this time.



End world hunger

In this world of plenty, we pray for an end to world hunger. We pray especially for the children of Malawi, Mozambique, Zambia and Zimbabwe as Southern Africa experiences its worst drought in over 100 years.



Generosity

Loving Father, we pray for the gift of generosity, that all those who have more than they need may share with those who lack even the most basic things. Help us to be generous with our money, goods, skills, time and prayer.



Hope

Lord, help us to bring hope to others through our words and actions. Help us to rejoice in hope, be patient in tribulation and be constant in prayer.

More ways to pray for the work of Mary's Meals

- Take a passage from the Bible and read it prayerfully. You might want to use one of these passages: Psalm 33; Romans 5:1-5; 1 Corinthians 13:1-13; 1 Peter 1:3-9.
- Write your own prayers for the work of Mary's Meals, individually or in small groups. You could use the same themes as our prayers or come up with your own themes based on what you have learnt about the work of Mary's Meals.

Activities for your class

1. Connect with your local church to pray for Mary's Meals. Organise a dedicated time of prayer, either at church or school. You could also join a church group to pray together.
2. Join other departments in the school to encourage prayer for Mary's Meals during the month – could your Food Tech department start lessons with a prayer for an end to world hunger? Could you work with Geography on a session about conflict around the world and encourage prayer for peace?
3. Organise a prayer service in school, using the suggested prayers, favourite hymns and a scripture passage relating to peace, hope or generosity.

You can also use our [prayer calendar](#) throughout the month of May to pray for, and learn about, children all around the world.

To find out more about Mary's Meals, please visit marysmeals.org.uk